



Caregiver/Carer

Patient Activation Measure[®] (CG-PAM[®]) 13 UK

License Materials



Please indicate how much you agree or disagree with each statement as it applies to you personally as the caregiver/carer for _____. There are no right or wrong answers, just what is true for you as a caregiver/carer. If the statement does not apply to you, circle N/A

1.	I am responsible for seeing that this person's health is managed properly.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
2.	Taking an active role in this person's healthcare is one of the most important factors in determining her/his health and ability to function.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
3.	I am confident that I can take actions that will help prevent or minimize some symptoms or problems associated with this person's health.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
4.	I know what each of this person's prescribed medications do.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
5.	I am confident that I can tell when this person needs to get medical care and when I can handle the problem myself.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
6.	I am confident I can tell a doctor or nurse the concerns that I have about this person's health even when he or she does not ask.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
7.	I am confident that I can carry out medical treatments I need to do for this person at home.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
8.	I understand the nature and causes of this person's health.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
9.	I know the different medical treatment options available for this person's health.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
10.	I am able to help this person maintain lifestyle changes, like healthy eating or exercising, for her/his condition.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
11.	I know how to prevent problems with this person's health.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
12.	I am confident I can work out solutions when new situations or problems arise with this person's health.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A
13.	I am confident I can help this person with lifestyle changes, like healthy eating and exercise, even during times of stress.	Disagree Strongly	Disagree	Agree	Agree Strongly	N/A

Insignia Health. Patient Activation Measure; Copyright © 2003-2015, University of Oregon. All Rights reserved. Contact Insignia Health at www.insigniahealth.com